

THE CENTRE FOR GENDER PSYCHOLOGY

Web: <https://www.genderpsychology.com/phdi/p1.nsf/supppages/8361?opendocument&part=6>

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'SEARCHING FOR MY FATHER I FOUND MY SELF'

On-going quarterly groups for Men

How the groups work: operating terms and conditions

These on-going workshops in North London, adjacent Hampstead Heath are facilitated by a dedicated team from the Centre for Gender Psychology.

For staff details please visit

<https://www.genderpsychology.com/phdi/p1.nsf/supppages/8361?opendocument&part=2>

Format

The format of this group is what is known as a 'slow-open' group. This means that, for the sake of trust and safety, the aim is to keep the membership consistent, while group members themselves choose how long they wish to keep going. Leaving members are replaced by new men joining, sometimes from a waiting list. In order to give intimate attention, the maximum participant number is twelve.

Over the years we have noticed that this format has had a remarkable effect on trust-building and depth in the groups. These on-going groups have the potential to bring about lasting and effective change in participants, in a way which seems to belie the time commitment.

Currently, on the first series, about 2/3rds have been members since the beginning in September 2000. Due to demand for these popular groups we began a second series, then a third, and then a fourth.

What happens in the groups

The group time is divided into time for sharing, process work and 'experiments.' Each time there is a new theme with relevant exercises and teachings. The programme offers gentle instruction into applicable pieces of the cutting-edge teachings the Centre for Gender Psychology. It therefore also acts as a prerequisite for further retreats and trainings - for details please visit www.genderpsychology.com

Practical details

The groups cost £85 per meeting, payable in advance. Concessions may be available for young men on application. The groups meet once every 3 months on either a Saturday or Sunday, 10 am to 6 pm, and the dates are posted on the website. Currently, there are four groups:

First series - facilitated by Nick Duffell; venue is in North London, near Hampstead Heath. This group meets four Saturdays per year.

Second series - facilitated by Nick Duffell and Hank Earl; venue is in North London, near Hampstead Heath. This group meets four Sundays per year.

Third series - facilitated by Manu Bazzano and Hank Earl; venue is in North London, near Hampstead Heath. This group meets four Sundays per year.

Fourth series - facilitated by Darrel Hunneybell; venue is in North London, near Hampstead Heath. This group meets four Saturdays per year.

Terms and conditions

Group members commit annually in advance and pre-pay for the sessions. In case of not being able to make a date, the payment ensures that the member's place is reserved. Over the years we have found that this is essential for group commitment as well as in regard to waiting lists, and we have maintained the low fee to support this format.

New members are expected to commit to attending 4 consecutive meetings in order to give the process a chance.

Those who wish to leave must give at minimum two sessions' notice before departing. For example, if someone wants to leave they must announce it in person (not by message) during the preceding session and then come in to make their farewells in the next (their last) session.

Payment possibilities

- Payment is to be made **annually in advance**.
- Payments can be made by standing order, cheque, BACS, cash, or PayPal.
- We regret we cannot accept credit cards, but PayPal will, and a small handling charge will be added for PayPal payments.
- In case of cash flow difficulties, post-dated cheques made out a quarter in advance, or monthly standing orders are acceptable.

NB. *We are unable to accept payment session by session by any means due to the instability this adds to the group process as well as the extra administration costs.*

Application procedure

To reserve your place please email us and ask for the application form, then complete it, and e-mail it to us at searching@psychotherapy-london.org

On acceptance you will be asked to make a deposit of £85 in one of the ways outlined above and to reserve your place. You will need to pay the balance before attending the first session.