

'Everything is born of Woman'

A WEEKEND WORKSHOP FOR WOMEN

EVERYTHING IS BORN OF WOMAN

This weekend we will consider our inheritance from our female lineage. We will explore who the important image-makers were for us, as we formed our identities as women. What messages did we receive from the women around us in regard to what it meant to be a woman? How did we relate to those messages? How are they still impacting our sense of self as women?

Most powerfully, our relationship to the woman who gave birth to us effects how we relate to ourselves as women. Whatever we think or feel about our mother, our relationship to her will influence our relationship to our body, our self-concept and self-expression, our intimate relationships and mothering.

Searching for ourselves we meet our mother - and until we face and recognise her as a part of ourselves, we cannot find, even less trust, our unique and separate Female Self.

This weekend will give participants an opportunity to experience their female ground anew. It is a prerequisite for entry to the women's retreats.

TIMES, COST & VENUE

15 - 16 November, Saturday 10 am - 6pm, Sunday 10 am - 5pm. Course fees, including refreshments: £170.

North London, adjacent Hampstead Heath and very near public transport and parking. B&B list available.

BOOKING

To reserve your place fill in application form which can be downloaded on our website send a deposit of £100 with a short statement saying why you want to do this course. Alternatively you can use the PayPal link.

Please make cheques payable to **the Centre for Gender Psychology**. We would very much appreciate it if you would also leave a message or send an e-mail to say that you have booked.

THAT COUNTS FOR YOUR MOTHER TOO!

COURSE LEADER

Helena Løvendal-Sørensen was born in Denmark in 1958. After her education she travelled extensively and lived in spiritual and political communities. She worked as a social worker prior to training as a psychotherapist in London, where she has been in private practice for 20 years. She was a faculty member at The Institute of Psychosynthesis for six years before becoming a free-lance trainer and supervisor. She is an accredited psychotherapist and a Sexual Grounding® Therapist registered in the Netherlands. She is currently the President of the Association of Sexual Grounding Therapists and Trainers.



With her husband, Nick Duffell, she founded The Centre For Gender Psychology in 1996, offering workshops for couples and individuals with a focus on gender, identity, relationship, and sexuality. Their book, *Sex, Love and the Dangers of Intimacy*, (HarperCollins

Thorsons 2002) has received wide acclaim and has been translated into several languages.

Helena's work is influenced by the Post-Jungians, psychoanalysis, Systems Theory, Psychosynthesis, Yoga, indigenous teachings and Native American Shamanism - let alone being a woman and a stepmother to two grown-up sons. When not in London or working abroad, she lives close to nature in the deep south of France.

ASK ALSO ABOUT

Women, Power, Sex and Soul - a 7-day residential retreat for women in Southern France, Summer 2009

For our full programme of workshops for men, women & couples, professional training, and Sexual Grounding Therapy®, please visit our website.

for further details or to book please contact:

the centre for *gender* psychology
www.genderpsychology.com info@genderpsychology.com